



As I reflect on this year, I am inspired by the many wonderful souls around the world who are being drawn to the ThetaHealing Technique for their own healing and the healing of the planet. I'm so excited to be sharing this journey with you as we find our way to health, happiness, freedom and love.

Getting Started in the ThetaHealing Technique



If you or someone you know is interested in learning the ThetaHealing Technique, I recommend starting with the [Basic DNA](#) and [Advanced](#) seminars. I'll be teaching them in January and May in Shoreline, Washington.

Kansas City Here We Come!

I will be returning to the Kansas City area March 1-17 to teach [Basic DNA](#) and [Advanced DNA](#). And I will be co-teaching there with Amy J for [Dig Deeper](#), [Manifesting and Abundance](#) and [World Relations](#). Amy will be teaching [Rainbow Children](#) March 10-12.



I will be teaching the [Dig Deeper Seminar](#) in Vancouver BC February 25 and 26, in Shoreline in February and May, and in Kansas City March 6 and 7.

Check out wholelife.coach to see the other seminars I will be teaching between January and May including:

Game of Life
Manifesting and Abundance
World Relations
Disease and Disorder
DNA 3

Feel free to contact me with any questions you have about [Sessions](#) or Seminars. The seminars are also listed on my profile at thetahhealing.com.

If you have taken the seminar before, check out the Retake tuition. Many people have found it helpful to take the seminars multiple times.

Contact me if you would like to host a seminar or there is a seminar you would like to take that is not currently listed.

With Love and Gratitude for you and all that you are in the world,
Kathryn